

Needle-based Confocal Laser Endomicroscopy (nCLE), a technique used in Endoscopic Ultrasound-Guided Fine-Needle Aspiration (EUS-FNA) procedures in Pulmonology

Lizzy Wijmans (MD), Jouke Annema (MD,PhD)
Interventional Pulmonologists
Amsterdam University Medical Centers (Amsterdam UMC) Nederlands

1. Technology Review

nCLE allows for real-time in vivo imaging of tissue microstructures during Endoscopic Ultrasound-Guided Fine-Needle Aspiration (EUS-FNA), EndoBronchial UltraSound with real-time guided TransBronchial Needle Aspiration (EBUS-TBNA) and TBNA procedures.

2. Using the AQ-Flex™ 19 Confocal Miniprobe during EUS-FNA procedures

The AQ-Flex™ 19 is a Confocal Miniprobe dedicated to nCLE procedures.

The steps below detail the proper use of the probe.



Take a 19G needle and extract the stylet. (AQ-FlexTM 19 is compatible with puncture needles and not with access needles).



Take a new locking device and twist it onto the proximal hub of the needle.



Open the locking device widely and insert the AQ-Flex™ 19 inside the needle through the locking device.



Push the needle out from its sheath so that the miniprobe protrudes from the bevel. Insert the miniprobe.



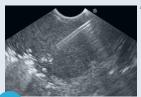
Stop the miniprobe insertion once it reaches the safe position: the probe must protrude from the needle distal bevel tip by **3 mm.**



Twist firmly the locking device onto the miniprobe to secure it in the safe position.



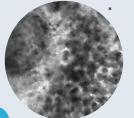
Extract the miniprobe and locking device assembly from the needle by 1cm maximum (without touching the white part of the locking device) and retract the needle inside the sheath.



Puncture the identified target nodule/lymph node with the needle (the miniprobe is pre-loaded but retracted) as per standard procedure.



Re-insert the miniprobe and locking device assembly by twisting the locking device back onto the needle.



At this point the miniprobe should be in contact with the lesion, and imaging can begin.*



After imaging, extract the miniprobe and locking device assembly from the needle.



Remove the locking device from the miniprobe and discard.

Before the procedure

During the procedure

After the procedure

*Example of pulmonary tumor courtesy of Lizzy Wijmans (MD), Jouke Annema (MD, PhD)

3. Conclusion

« The Confocal Miniprobe AQ-Flex™ 19 is easy to operate and nCLE may enable real-time diagnosis and staging of lung cancer during endoscopy » Lizzy Wijmans, MD & Jouke Annema, MD, PhD

U.S. Indications for use: « Once connected to Cellvizio® I.V.E.: The AQ-Flex™ 19 Confocal Miniprobes™, are intended to allow imaging of anatomical tracts, i.e., gastrointestinal and respiratory tracts, accessed by an endoscope, or endoscopic accessories (e.g. aspiration needles used during procedures including EUS-FNA, EBUS-TBNA and TBNA needles) »

CE marked Indications for use: « Once connected to Cellvizio® I.V.E.: The AQ-Flex™ 19 Confocal Miniprobes™ are intended to allow imaging of anatomical tracts, i.e., gastrointestinal tracts and respiratory tracts accessed by an endoscopic or endoscopic accessories, including through endoscopic needles.»